

NARCHI DELHI 2025

31st Annual Conference of National Association for Reproductive & Child Health of India
(NARCHI)-Delhi Branch

Theme: "Plan Promote Propagate Women's Health"



Optimizing Intrapartum Surveillance: Principles of Physiological Interpretation of CTG

Convener: Dr. Aruna Nigam

Date: 08- Aug- 2025 (Friday)

Co- Convener: Dr. Sumedha Sharma

Time: 09:00 Am – 01:00 Pm

Organizing Committee: Dr Arifa Anwar Elahi, Dr Nidhi Gupta, Dr Supriya Chaubey, Dr Dina Aisha Khan, Dr Asma Bashir Khanday, Dr Pratibha Roy, Dr Paridhi Gupta, Dr Lubna Inam, Dr Kirti Verma

Venue: India Habitat Centre

PROGRAMME

TIME	TOPIC	SPEAKER	Chairpersons
09:00 - 09:05 am	Welcome & Introduction		
Session 1: Understanding the Basics			
09:05 - 09:45 am	Fetal Adaptation to Hypoxia: What CTG Tells Us	Dr Aruna Nigam	Dr Vinita Sarabhai Dr Richa Agarwal Dr Reva Tripathi
Session 2: Decoding the CTG: Machine & Strip			
09:45 - 10:00 am	CTG Machine	Dr Zeba Khanam	Dr Ritu Sharma Dr Shakun Tyagi Dr Mamta Dagar
10:00 - 10:15 am	CTG Strips: How to Read	Dr Nidhi Gupta	
10:15 - 10:25 am	Discussion		
10:25 - 10:45 am	Inauguration & Tea Break		
Session 3: Interpreting Danger signals			
10:45 - 11:15 am	Acute and Subacute Hypoxia: CTG Clues to Act Fast	Dr Chanchal Singh	Dr Ratna Biswas Dr Divya Pandey Dr Neeru Malik
Session 4: Guidelines: what is new			
11:15 - 11:45 am	International Expert consensus (2024)	Dr Sumedha Sharma	Dr Jayashree Sunder Dr Raka Guleria Dr Supriya Chaubey
Session 5: From Theory to Practice			
12:00–01:00 PM	CTG in Action: Practice & Special Cases (Case Discussion)	Dr Rinku Sen Gupta, Dr Arpita De, Dr Dina Aisha Khan, Dr Sumedha Sharma, Dr Aruna Nigam	